We claim:

- 1. An insulated barrier comprising:
- (a) a first substantially gas impermeable rigid wall;
- (b) a second substantially gas impermeable
 rigid wall;
- (c) adjoining portions between said first and second walls that create an entirely closed and substantially hermetically sealed structure; and
- (d) a core material between the walls that supports the walls of the structure, comprising a substantially open-cell structure or composition;

- 2. An insulated barrier comprising:
- (a) a first substantially gas impermeable rigid wall;
- (b) a second substantially gas impermeable
 rigid wall;
- (c) adjoining portions between said first and second walls that create an entirely closed and substantially hermetically sealed structure; and
- (d) a core material between the walls that supports the walls of the structure, comprising a substantially open-cell structure or composition;

wherein said first substantially gas impermeable rigid wall, said second substantially gas impermeable rigid wall, and said adjoining portions comprise a plastic coated with a metal oxide coating.

- 3. An insulated barrier comprising:
- (a) a first substantially gas impermeable
 rigid wall;
- (b) a second substantially gas impermeable
 rigid wall;
- (c) adjoining portions between said first and second walls that create an entirely closed and substantially hermetically sealed structure; and
- (d) a core material between the walls that supports the walls of the structure comprising a substantially closed-cell structure or composition;

wherein said first substantially gas impermeable rigid wall, said second substantially gas impermeable rigid wall, and said adjoining portions comprise a plastic coated with a metal oxide coating; and

wherein said closed-cell structure or composition is a powder or granular, provided that said closed-cell structure or composition is not foam glass.

4. The insulated barrier according to claims 2 or 3, wherein said metal oxide is a silicon oxide.

- 5. The insulated barrier according to any one of claims 1-3, further comprising a port through which a vacuum may be drawn.
- 6. The insulated barrier according to any one of claims 1-3, further comprising a vacuum breach sensor within the insulated barrier that detects atmospheric oxygen.
- 7. The insulated barrier according to claim 5, further comprising a vacuum breach sensor within the insulated barrier that detects atmospheric oxygen.
- 8. The insulated barrier according to claim 6, wherein said vacuum breach sensor comprises a nonaqueous ionic liquid and an indicator.
- 9. The insulated barrier according to claim 7, wherein said vacuum breach sensor comprises a nonaqueous ionic liquid and an indicator.
- 10. The insulated barrier according to claim 1, wherein said first and second walls, and said adjoining portions, comprise a composite of an organic substrate coated with an inorganic matrix.
- 11. The insulated barrier according to claim 10, wherein said organic substrate is plastic.

- 12. The insulated barrier according to claim 10 or 11, wherein said inorganic matrix is a metal oxide.
- 13. The insulated barrier according to claim 12, wherein said metal oxide is a silicon oxide.
- 14. The insulated barrier according to claim 10, wherein the organic substrate portion of said composite comprises the outside surface of said barrier.
- 15. The insulated barrier according to claims 1 or 2, wherein said core material is a small pore area material.
- 16. The insulated barrier according to claim 15, wherein said small pore area material is an organic, small pore area material.
- 17. The insulated barrier according to claim 15, wherein said small pore area material is a low density microcellular material.
- 18. The insulated barrier according to claim 16, wherein said organic, small pore area material is a low density microcellular material.
- 19. The insulated barrier according to claim 17, wherein said low density microcellular material is an aerogel.

- 20. The insulated barrier according to claim 18, wherein said low density microcellular material is an aerogel.
- 21. The insulated barrier according to any one of claims 1-3, wherein said core material has a thin film form.
- 22. The insulated barrier according to claim any one of claims 1-3, wherein said core material has a granular form.
- 23. The insulated barrier according to claim any one of claims 1-3, wherein said core material has a monolithic form.
- 24. A process for manufacture of an insulated barrier, comprising the steps of:
- (a) providing a substantially gas impermeable enclosure having at least one space or cavity therein and a gas evacuation port;
- (b) introducing into said cavity a core material comprising a substantially open-cell structure or composition; and
- (c) substantially evacuating said cavity, along with said core material.

- 25. The process according to claim 24, further comprising the step of compacting said core material prior to evacuation of the cavity.
- 26. The process according to claim 24, further comprising the step of using said evacuation port for drying the core material.
- 27. A process for manufacture of an insulated barrier, comprising the steps of:
- (a) providing a substantially gas impermeable enclosure having at least one space or cavity therein and a gas evacuation port;
- (b) introducing into said cavity a core material comprising a substantially open-cell structure or composition;
- (c) placing a substantially gas impermeable capping portion over said gas impermeable enclosure; and
- (d) substantially evacuating said cavity, along with said core material.
- 28. The process according to any one of claims 24, 26 or 27, wherein said cavity contains a vacuum breach sensor comprising a nonaqueous ionic fluid and an indicator.
- 29. The process according to any one of claims 24, 26 or 27, wherein said substantially gas

impermeable container comprises a composite of an organic substrate coated with an inorganic matrix.

- 30. The process according to claim 29, wherein said organic substrate is plastic and wherein said inorganic matrix is a metal oxide.
- 31. The process according to claim 30, wherein said metal oxide is a silicon oxide.
- 32. A vacuum breach sensor for detecting atmospheric oxygen, comprising a nonaqueous ionic fluid and an indicator.
- 33. The vacuum breach sensor according to claim 32, wherein said nonaqueous ionic fluid is N-butyl-N'-methylimidazolium chloride.
- 34. The vacuum breach sensor according to claim 32, wherein said indicator is selected from the group consisting of indigo dyes and thiazine dyes.
- 35. The vacuum breach sensor according to claim 34, wherein said dye is New Methylene Blue.
- 36. A vacuum breach sensor for detecting atmospheric oxygen, comprising a zinc oxide battery connected to a light-emitting diode or audible speaker.

37. An insulated barrier comprising a vacuum breach sensor, wherein said vacuum breach sensor is as defined in claims 32 or 36.